Claims:

1. A method for operating a warm or hot air booth by using a cold medium for generating stimuli in the human body, characterized in that the warm, or hot air, respectively, is circulated in a booth on the ceiling side thereof and is calmed at time intervals, and the cold medium is introduced into the flowing warm or hot air, respectively, at the ceiling side.

2. A method according to claim 1, characterized in that the calming of the air is achieved by periodically interrupting the hot air circulation, e.g. by switching off a fan.

3. A warm air booth for carrying out the method according to claim 1, characterized in that in addition to the usual heating and air circulating means, a device for supplying cold media is provided which is arranged on the ceiling side in the region of the air circulating means.

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4. A warm air booth according to claim 3, characterized in that the air circulating means comprises a rotor (R) which is covered by an ejector disk (5) for introduced cold medium in the form of snow, ice flakes, granular ice cubes or the like, with outwardly directed, preferably radially and/or slantedly thereto extending ejecting fingers (5').

5. A warm air booth according to claim 4, characterized in that at a location, where no guests are seated, the ejector disk (5) with the ejecting fingers (5') is shielded off by a segment ring (9).

6. A warm air booth according to at least one of claims 3 to 5 with a heating device formed as an electric furnace which has a fresh air inlet on its bottom side, characterized in that laterally of the furnace wall, at least one pipe (26), a channel duct or the like is provided which is lined with fire-clay and ends in the booth space at a closing wall (19) of the furnace (23).

7. A warm air booth according to claim 6, characterized in that the pipe (26) projects from the furnace (23) into the booth space and forms a safety means against unauthorized manipulations in the furnace interior.

8. A warm air booth according to any one of claims 6 and 7, characterized in that the fresh air is guided through at least one second pipe (27), duct or the like, which ends in the warm air booth e.g. through an opening (27') or the like.

Fig. 1

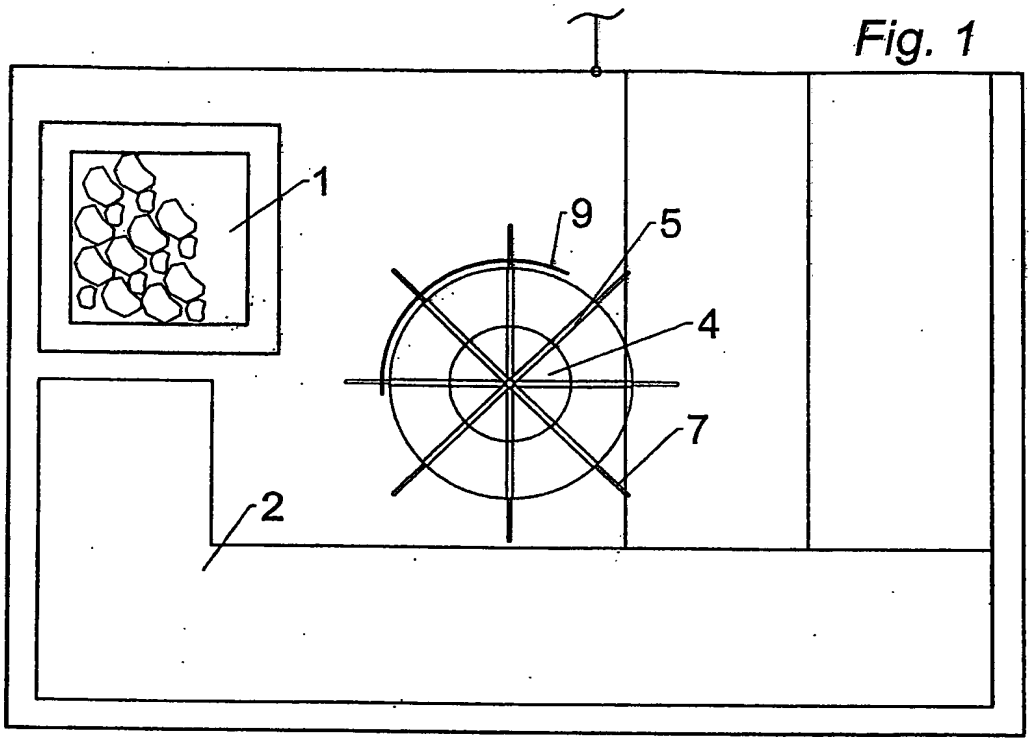
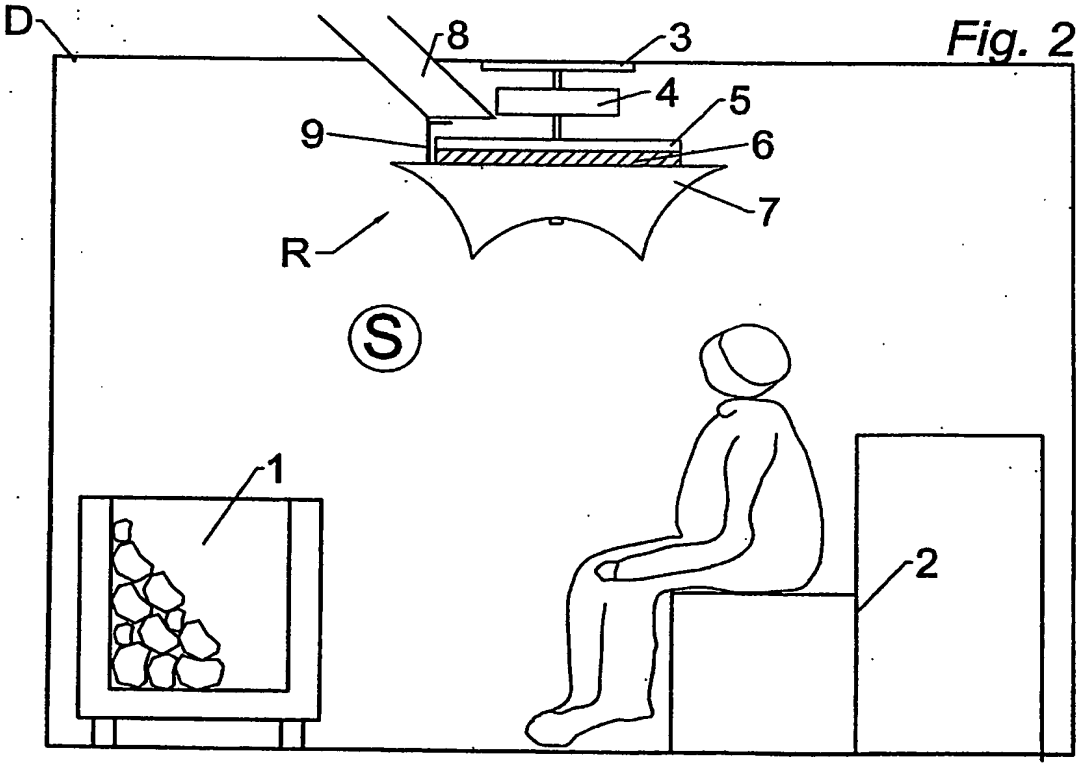


Fig. 2



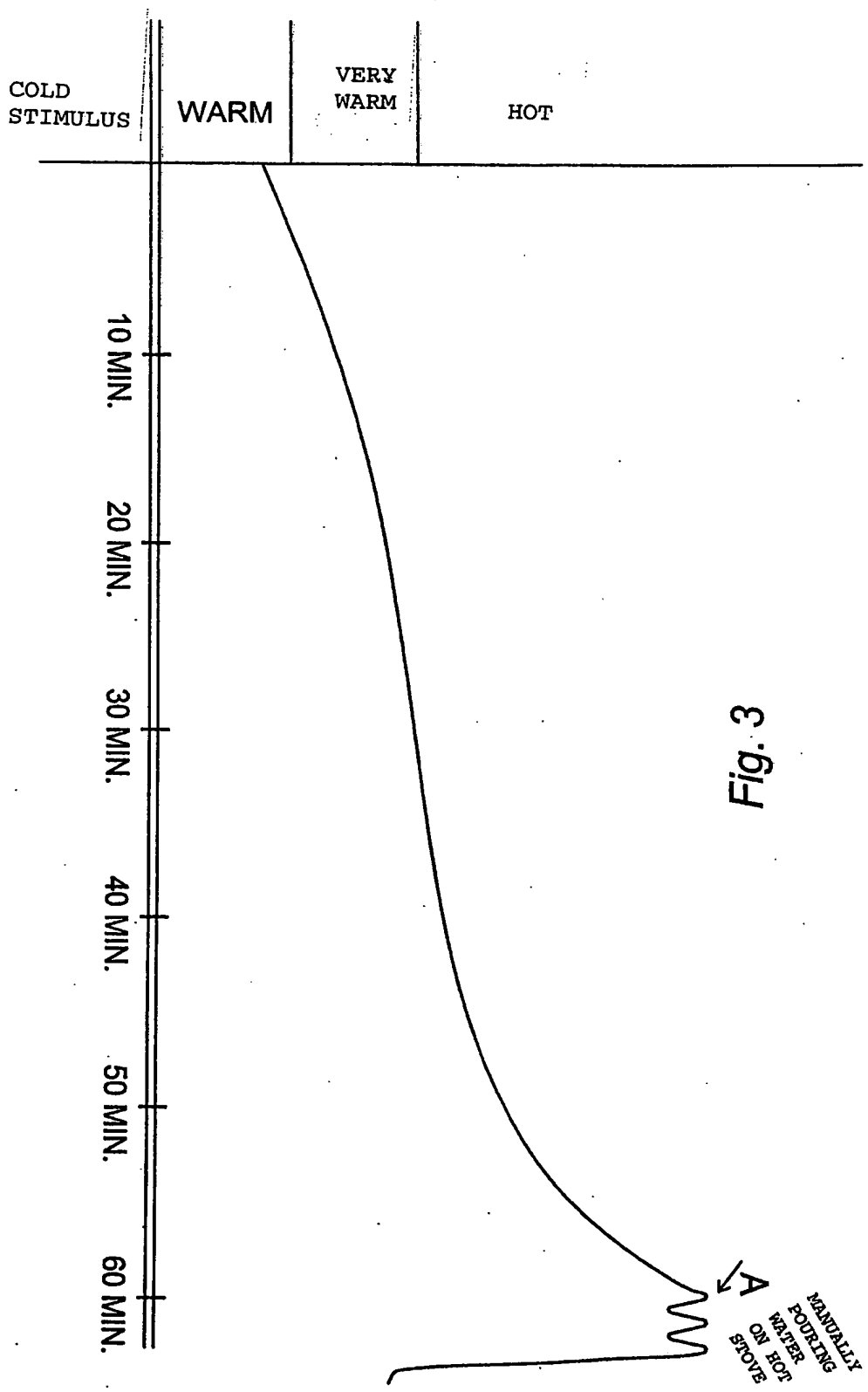

COLD STIMULUS
WARM
VERY WARM
HOT
10 MIN.
20 MIN.
30 MIN.
40 MIN.
50 MIN.
60 MIN.
A
MANUALLY POURING WATER ON HOT STOVE

Fig. 3

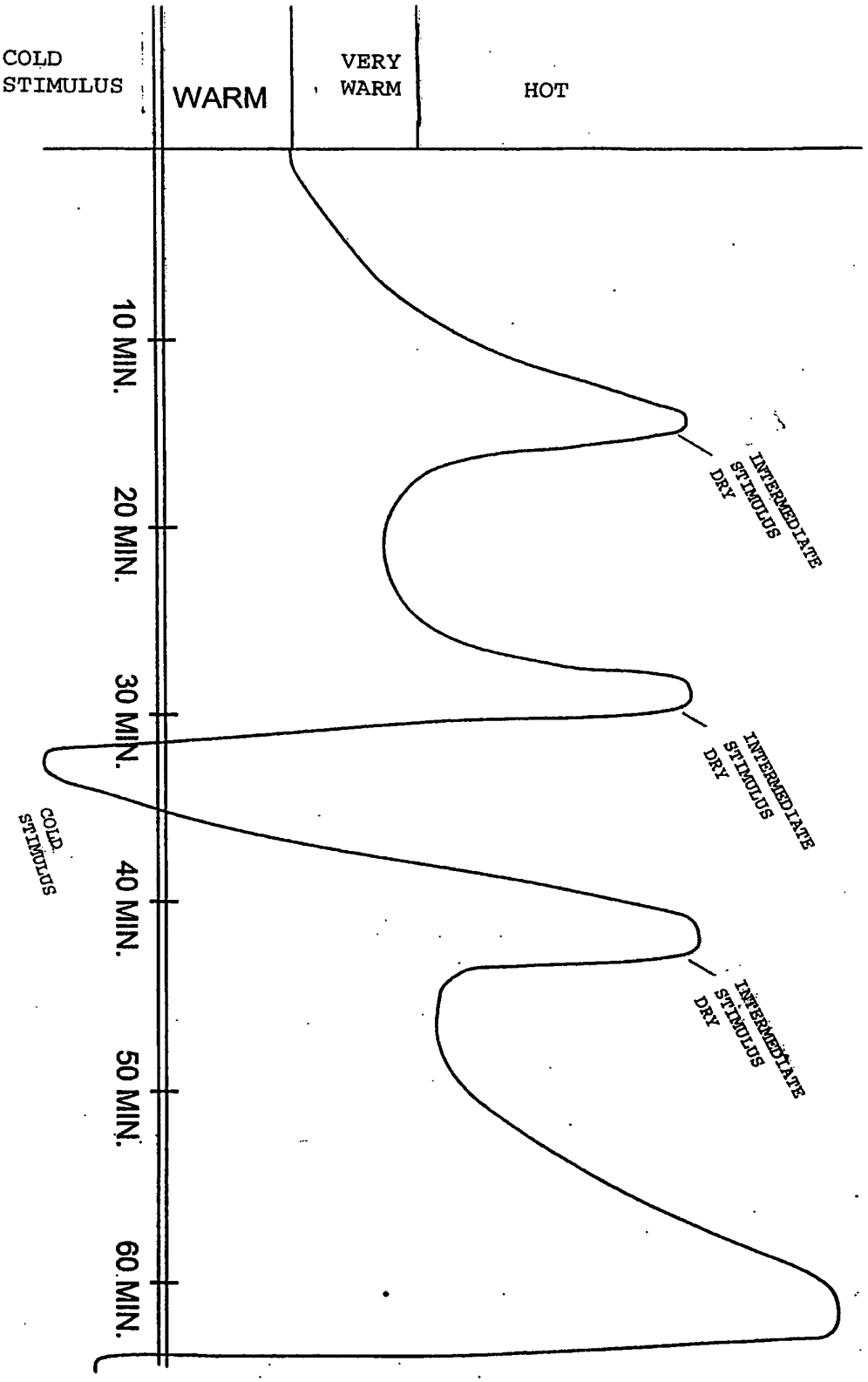

COLD STIMULUS
WARM
VERY WARM
HOT
10 MIN.
20 MIN.
30 MIN.
40 MIN.
50 MIN.
60 MIN.
INTERMEDIATE STIMULUS DRY
INTERMEDIATE STIMULUS DRY
COLD STIMULUS
INTERMEDIATE STIMULUS DRY

Fig. 4

Fig. 5

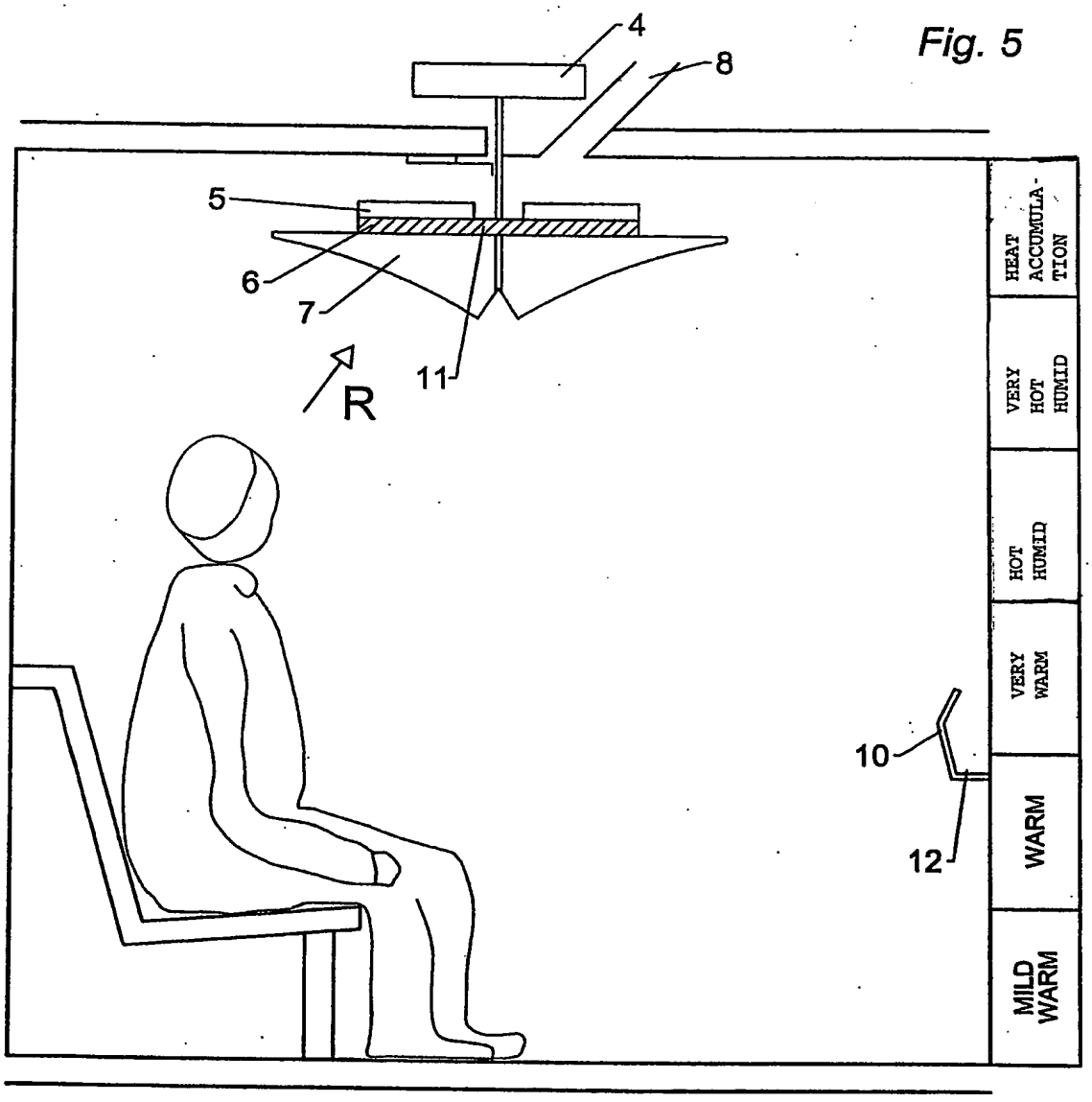

4
8
5
6
7
11
R
10
12
HEAT ACCUMULA-TION
VERY HOT HUMID
HOT HUMID
VERY WARM
WARM
MILD WARM

Fig. 6

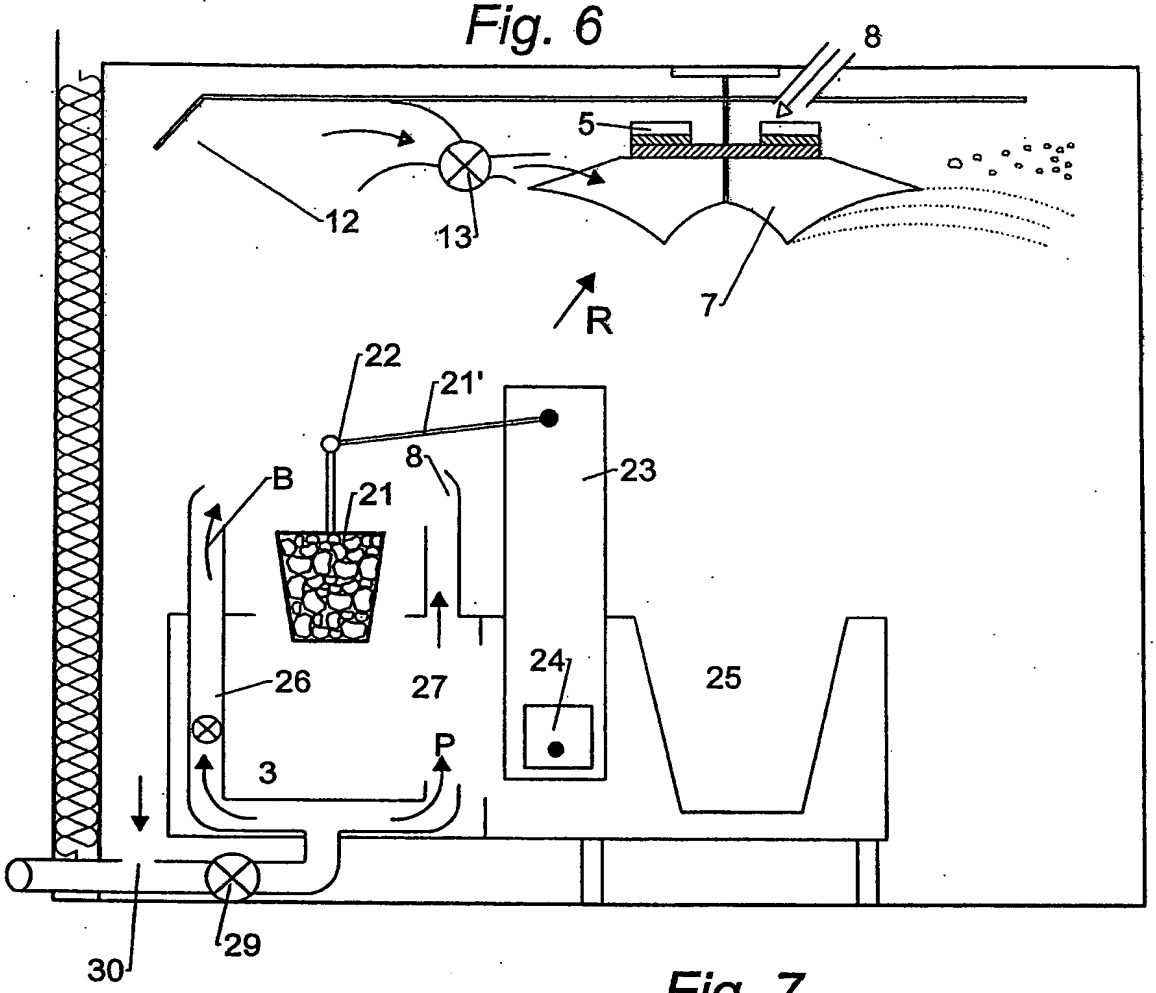


Fig. 7

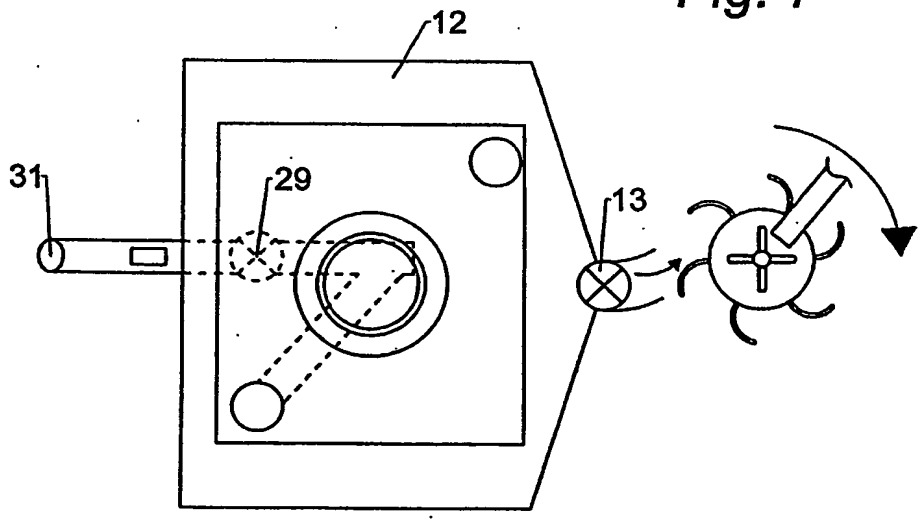


Fig. 8

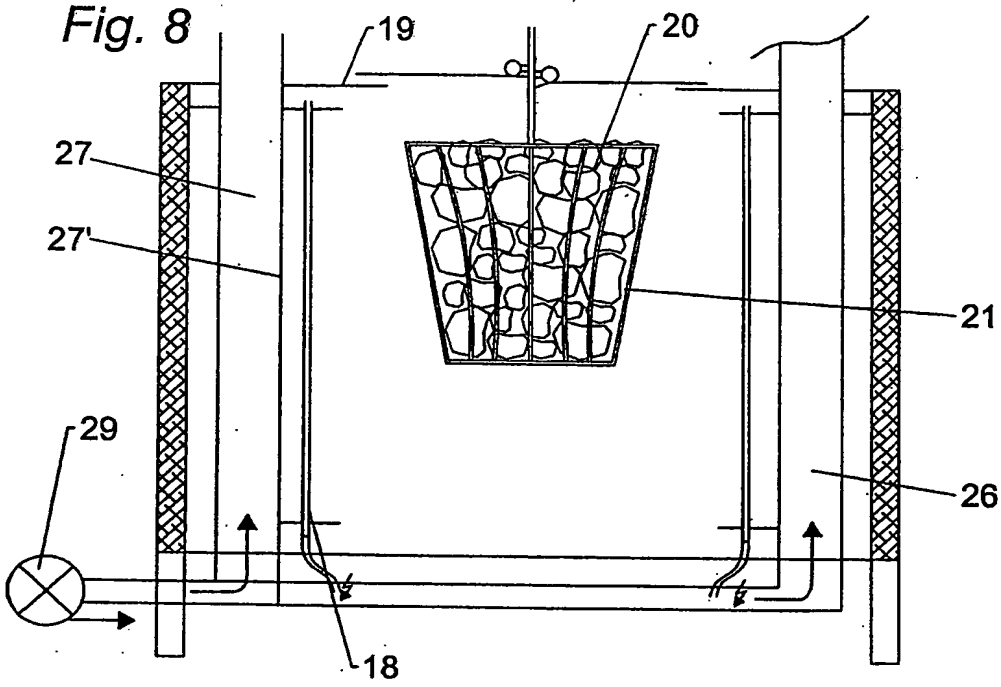
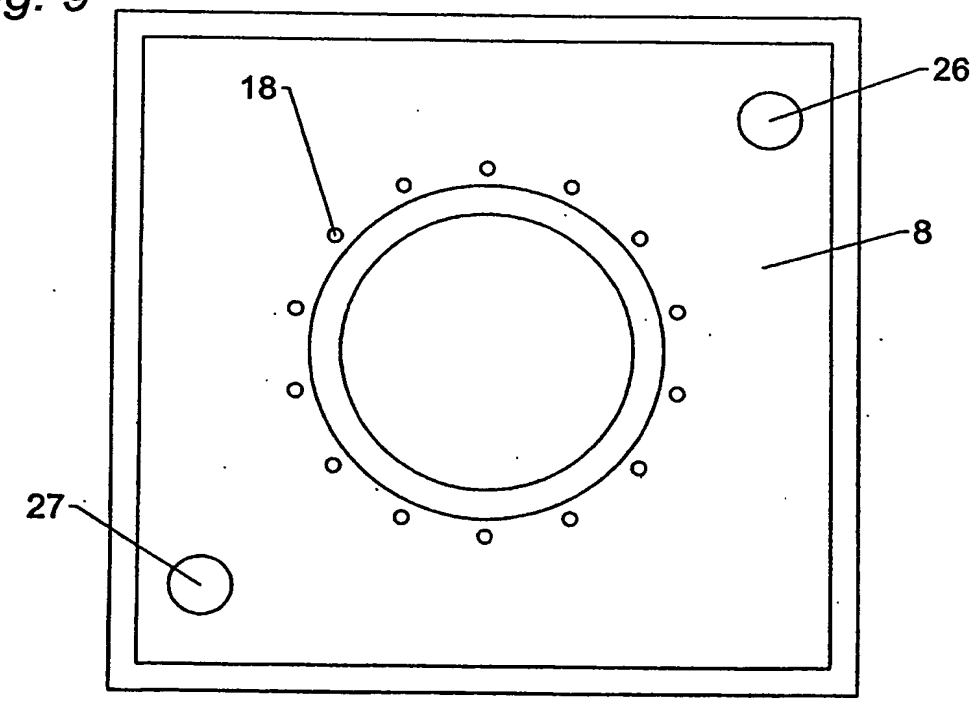


Fig. 9



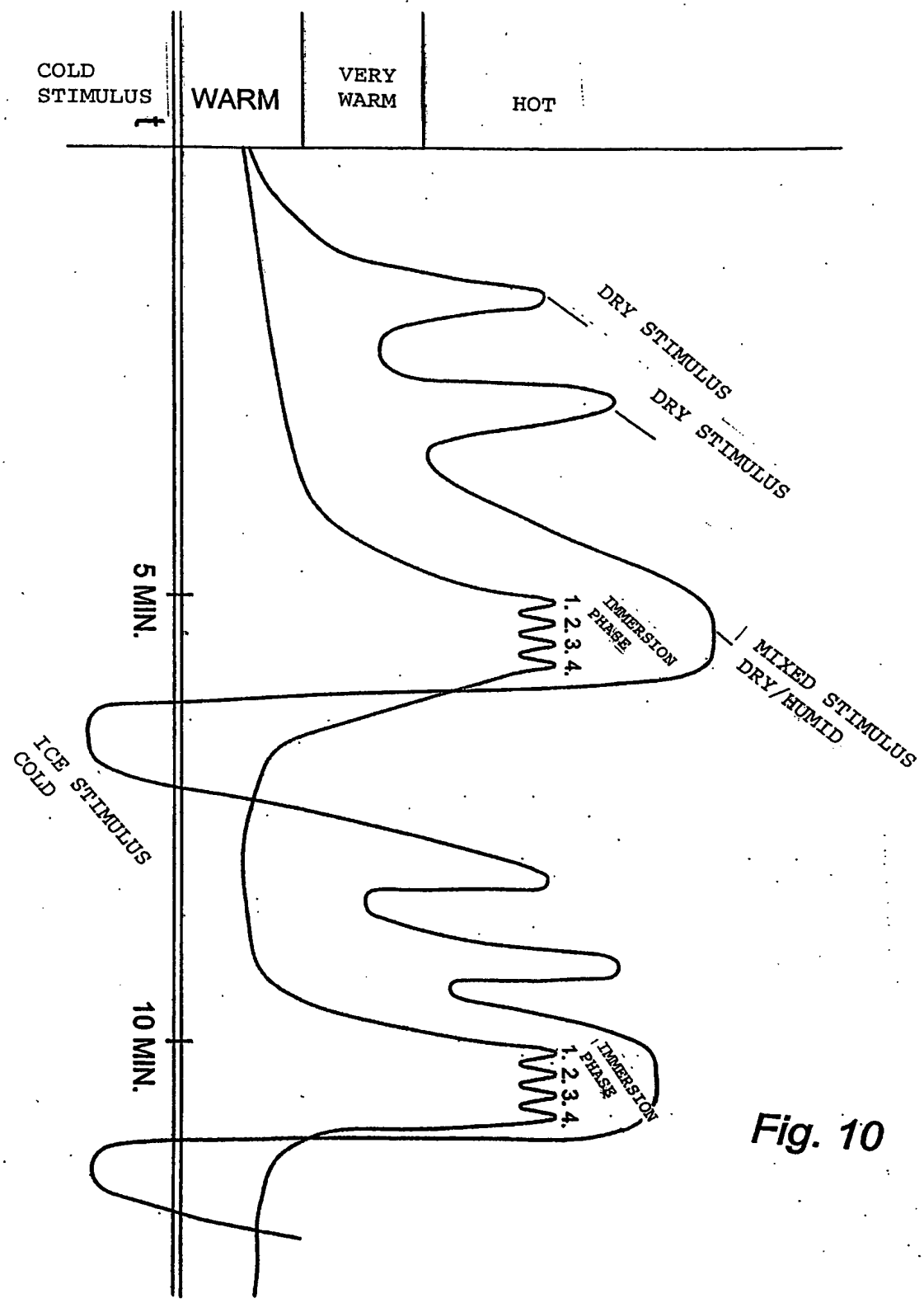
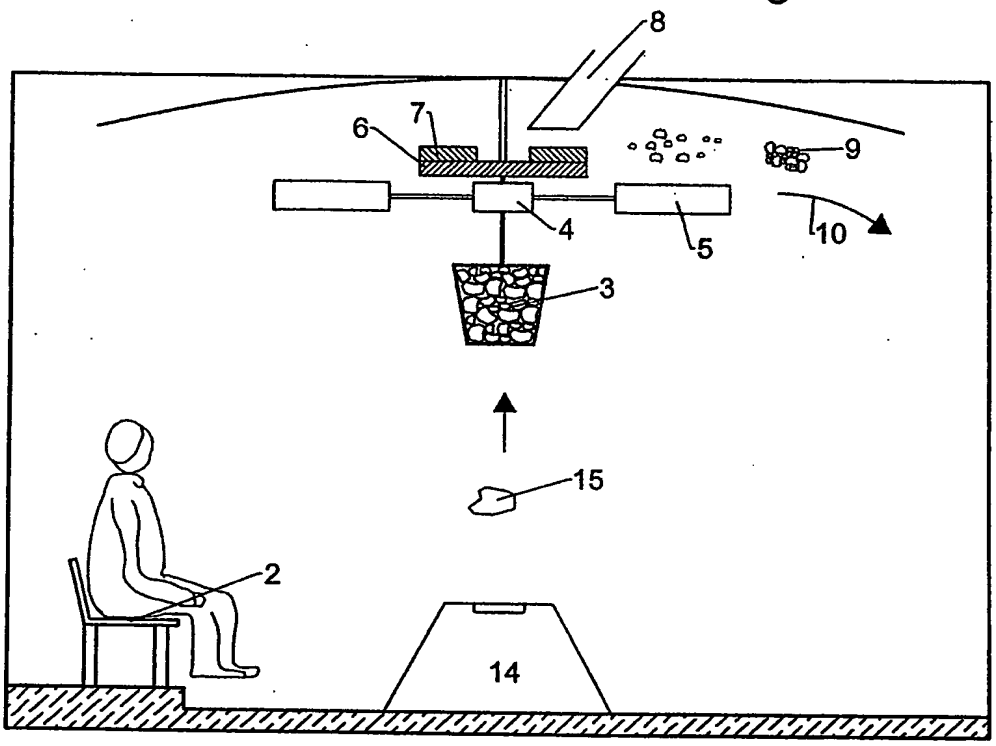

COLD STIMULUS
WARM
VERY WARM
HOT
t
DRY STIMULUS
DRY STIMULUS
5 MIN.
IMMERSION PHASE
1. 2. 3. 4.
MIXED STIMULUS DRY/HUMID
ICE COLD STIMULUS
10 MIN.
IMMERSION PHASE
1. 2. 3. 4.

Fig. 10

Fig. 11



AIR DISTRIBUTOR-ICE EJECTION ROTOR

Fig. 12